

**Example for calculation of the BSL-I Score**

Item No.	Item Title	Symptom Frequency	Distress/ Intensity (R)	Behavioral Consequences	Impairment in daily life
		Dimension 1 (D1)	Dimension 2 (D2)	Dimension 3 (D3)	Dimension 4 (D4)
1	Aversive Inner Tension	2	3		
2	Mood Swings	3	3		
3	Emotional Numbness	1	2		
4	Shame & Guilt	3	4		
5	Self-Loathing or Self-Hatred	2	2		
6	Irritability & Anger	4	3	3	
7	Helplessness	3	4		
8	Dissociation	2	2		
9	Urge to Self-Harm	1	3	2	
10	Suicidal Thoughts	3	2	3	
11	Perceived Threat	2	2		
12	Loneliness	3	3		
13	Abandonment	1	4		
14	Identity: Coherence and Consistency	2	3		
15	Emptiness	4	2		
16	Judgment uncertainty	1	2		
17	Worthlessness	2	3		
18	Fear of Failure	1	3		
19	Negative Body-Self	3	3		
20	Difficulties with Trust	2	2		
21	Social Exclusion & Humiliation	0	4		
22	Alienation	2	1		
23	Intrusions and Flashbacks	2	2		
24	(Pseudo)-Hallucinations	1	1		
25	Behavior Control	2	1	3	
26	Hope and Confidence (R)	2	1		
27	Meaningfulness (R)	2	3		
28	Life Satisfaction (R)	1	2		
29	Joy or Happiness (R)	3	4		
30	Security and Comfort (R)	2	1		
<b>Overall functioning item</b>					
31	<b>Impairment in daily life</b>				
	Daily practical skills				3
	Social contacts				4
	Profession / Training / School				2
<b>Dimension scores</b>		$D1 = \frac{\sum_{i=1}^{30} I_i}{30}$ $D1 = \frac{65}{30} = 2.17$	$D2 = \frac{\sum_{i=1}^{30} I_i}{30}$ $D2 = \frac{79}{30} = 2.63$	$D3 = \frac{\sum_{i=1}^4 I_i}{4}$ $D3 = \frac{11}{4} = 2.75$	$D4 = \frac{\sum_{i=1}^3 I_i}{3}$ $D4 = \frac{9}{3} = 3$
<b>Scale score</b>		$M = \frac{\sum_{i=1}^4 D_i}{4} = \frac{2.17+2.63+2.75+3}{4} = \frac{10.55}{4} = 2.63$ (very high)			

## Calculation Sheet for the Borderline Symptom List – Interview (BSL-I) Score

Item No.	Item Title	Symptom Frequency	Distress/ Intensity (R)	Behavioral Consequences	Impairment in daily life	
		Dimension 1 (D1)	Dimension 2 (D2)	Dimension 3 (D3)	Dimension 4 (D4)	
1	Aversive Inner Tension					
2	Mood Swings					
3	Emotional Numbness					
4	Shame & Guilt					
5	Self-Loathing or Self-Hatred					
6	Irritability & Anger					
7	Helplessness					
8	Dissociation					
9	Urge to Self-Harm					
10	Suicidal Thoughts					
11	Perceived Threat					
12	Loneliness					
13	Abandonment					
14	Identity: Coherence and Consistency					
15	Emptiness					
16	Judgment uncertainty					
17	Worthlessness					
18	Fear of Failure					
19	Negative Body-Self					
20	Difficulties with Trust					
21	Social Exclusion & Humiliation					
22	Alienation					
23	Intrusions and Flashbacks					
24	(Pseudo)-Hallucinations					
25	Behavior Control					
26	Hope and Confidence (R)					
27	Meaningfulness (R)					
28	Life Satisfaction (R)					
29	Joy or Happiness (R)					
30	Security and Comfort (R)					
<b>Overall functioning item</b>						
31	<b>Impairment in daily life</b>					
	Daily practical skills					
	Social contacts					
	Profession / Training / School					
<b>Dimension scores</b>		$D1 = \frac{\quad}{30} =$	$D2 = \frac{\quad}{30} =$	$D3 = \frac{\quad}{4} =$	$D4 = \frac{\quad}{3} =$	
<b>Scale score</b>		$M = \frac{\sum_{t=1}^4 D_t}{4} = \frac{\quad}{4} =$				
<b>Severity Degree</b>	0 – 0.91 none/minimal	0.92 – 1.40 mild	1.41 – 1.89 moderate	1.90 – 2.38 high	2.39 – 2.87 Very high	2.88 - 4 Extremely high