

EDBTA summer school 2026

Location: Latvia, Rezidence Kurzeme

Arrival: Sun June 28

Programme: Mon June 29 - Fri July 3

Departure: Sat July 4



Summer school is an in-person learning event that brings together DBT practitioners, trainers, and educators for intensive training, shared practice, and community building.

Programme tracks

1. Main programme

An open track for anyone who wishes to join, with limited capacity of approximately 30 participants. This programme includes mindfulness practices, lectures, educational sessions, and free time activities.



Registration note: access to registration link for the main programme will be shared via EDBTA social media channels. Participants interested in the main programme are encouraged to follow EDBTA to receive the link in time.

2. Train the Trainers

An advanced track for selected members nominated by national associations preparing for DBT trainer and leadership roles. The focus is on teaching DBT, maintaining fidelity, and supporting high quality dissemination.



3. Adherence Coding

A specialised track for selected members nominated by national associations focusing on DBT adherence coding, feedback, and quality assurance.

