

1st European DBT Congress

8–10th May 2025

Gdansk, Poland & Online

The European DBT Association (EDBTA) is pleased to announce that the **Inaugural European DBT Congress** will take place in May 2025 in beautiful city of Gdansk, Poland. The Polish Association for DBT (PTDBT) will be our esteemed co-host.

We extend a warm **invitation to all DBT community members from Europe and beyond**, both experienced colleagues and newcomers, to join us for a truly international scientific programme, full of seminars, workshops and exchange of ideas, matched with Polish hospitality and great networking.

SPEAKERS

- Julieta Azavedo (Portugal)
- Martin Bohus (Germany)
- Ausias Cebolla (Spain)
- Alan Fruzzetti (USA)
- Lars Mehlum (Norway)
- Magdalena Skuza (Poland)
- Michaela Swales (UK)

WORKSHOPS

- DBT for Kids and Families
- DBT for Substance Use
- DBT for Autism Spectrum Disorders
- Perinatal DBT
- Trauma Focused DBT
- DBT in Forensic Care
- DBT Tango
- And much more....

OUTLINE PROGRAMME

8th May 2025

- Pre-congress workshop
- Registration and opening
- Plenary talks
- The Grand Bazar
- Welcome reception

9th May 2025

- Plenary talks
- Paralel sessions and seminars
- Party with live music

10th May 2025

- Paralel sessions and seminars
- Closing Remarks
- Post-congress workshop

The inaugural DBT Congress will be conducted in a hybrid format, with all plenary lectures and a selection of parallel sessions made available online.



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CALL FOR ABSTRACTS

SUBMISSION

We welcome **submissions on any topic related to DBT, borderline personality disorder, and related disorders.**

Potential formats for presentation include, but are not limited to, individual presentations, group seminars/symposia, skill classes, roundtable discussions, etc. Clinical presentations are also encouraged.

... AND SHARING

Our **Grand Bazar** on the 1st day of the Congress, will facilitate a creative environment in which to showcase teamwork, tools and programmes in a less formal, more joyful and creative manner.

IMPORTANT DATES

- 15th October 2024
Key notes and full list of congress workshops announced
- 1st November 2024
Abstract submission opened
- 1st December 2024
Abstract submission closed
- 1st January 2025
Registration opens
- 15th February provisional programme with times

Organiser:



Co-host:



Venue:



More information on www.edbta.eu

Follow us on Facebook for news and announcements about the Congress!

See you in Gdansk in 2025!